

COMBO MEAL MENU CARB COUNT

Middle School 2024-2025

Monday:	Hamburger (32) French Fries (20) Fresh Veggies (3) Fruit Variety Milk ½ Cup of Fruit
Tuesday:	Personal Round Pizza (32) Corn (17) Vegetable Tidbits (5.4) Variety Milk ½ Cup of Fruit
Wednesday:	*Chicken Tenders w/ Breadstick Baked Beans (47) Fresh Veggies (3) Variety Milk ½ Cup of Fruit
Thursday:	Personal Round Pizza (32) Green Beans (6) Vegetable Tidbits (5.4) Variety Milk ½ Cup of Fruit
Friday:	*Chicken Sandwich Pizza (47) Sweet Potato Fries (22) Burger Salad (7.5) Variety Milk ½ Cup of Fruit

**Item may contain poultry products*

**Daily Menu Subject to Change*

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the USDA National Technical Assistance Center (NTAC) at (800) 845-1424 or (202) 690-7442 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by y tskpi "c"hgwt"cf f tguuf "q" WUF C0Vj g'hwgt "b" wu'eqpvclp"vj g'eqo r rclpvpw'pco g."cf f tguu."vgr j qpg'pwo dgt."cpf "c"y tkwgp" description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or
2. Fax: (833) 256-1665 or (202) 690-7442; or
3. Email: program.intake@usda.gov

This institution is 3(s)-7(c)-34(ion)-5re,