

Dear Valued Parents/Guardians,

I would like to take this opportunity to introduce myself my name is Amber Scott and I am the Crisis Intervention Counselor for Bullendore Elementary. I am a licensed clinical social worker and this is my second year with Birdville ISD. Prior to Birdville ISD, I have worked in other school districts over the past twelve years as a mental health professional/counselor. This year I am blessed to split my time between Foster Villa Elementary and Bullendore Elementary. I enjoy helping students feel successful and in control of their own emotions and behaviors.

Sometimes our students face challenges while they are at school and they need someone to talk to and help them with what they are feeling. As the Crisis Intervention Counselor my primary responsibility is to promote the academic, personal, and social development of all students. I look forward to offering support to the students, staff, and families at Foster Villa. I am on campus each Thursday and Friday, alternating Wednesdays.

As the Crisis Intervention Counselor, I have the privilege to work with every single student in the school. I plan on working with students at the classroom level, small group level, as well as at the short-term individual counseling level.

Group counseling is provided for small groups of students experiencing similar concerns. These may include making and keeping friends, emotional regulation/anger management, coping with separation/divorce and/or loss, and/or improving self-esteem. The groups generally range from 3 to 10 students and last for 5 to 15 sessions. The students for these groups can be recommended by parents/guardians or by staff members.

Short term one-on-one counseling support is available to all students.